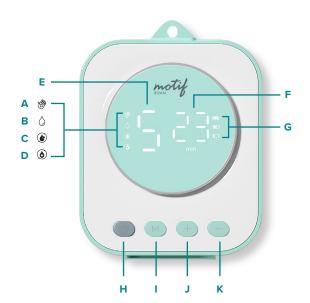
# Motif Roam™ Quick Guide

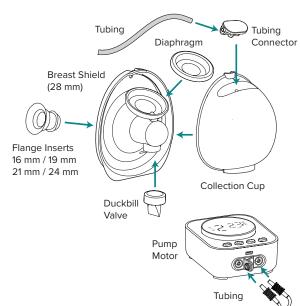
#### 1. Buttons & Features

- A Massage Mode
- **B** Expression Mode
- C Cluster Feeding Mode
- **D** General Pumping Mode
- E Level Display
- F Time Display
- **G** Power Display
- **H** Power Button
- I Mode Button
- J Level Up Button
- K Level Down Button



### 2. Assembling the Motif Collection Cups

- 1. Push the silicone duckbill valve into the breast shield.
- Put diaphragm into the breast shield. Make sure it is sealed around the edge.
- Insert the spout on collection cup into the hole at the top of the breast shield. Push the collection cup into the breast shield. There should be an audible 'click'.
- Insert the tubing into the tubing connector and attach to the collection cup.
- For single pumping, insert one tube into one breast pump port and block the other. To pump on both sides, insert both tubes into the two breast pump ports.



### 3. Expressing Your Milk

- Long press the power button to start pumping. The breast pump begins in massage mode in level 1
- 2. Press the Mode M button to switch modes. The Motif Roam has the following four modes:
  - Massage Mode: Stimulates letdown with 5 suction levels.
  - Expression Mode: Designed for efficient milk expression and has 9 levels.
  - Cluster Feeding Mode: Helps increase milk production by mimicking the natural nursing pattern of a baby feeding in short, frequent bursts. This mode has 5 levels.
  - General Pumping Mode: This program starts in massage mode and automatically switches to expression mode. This repeats twice for two let downs to help express the most milk. This mode has 9 levels.
- 3. Adjust the suction strength by pressing the LEVEL UP or LEVEL DOWN button to find a comfortable setting. Massage and Cluster Feeding modes have 5 levels, while Expression and General Pumping modes have 9 levels.
- 4. When your pumping session is over, long press the power 🕒 button to turn the breast pump off. Please note, the pump will automatically stop after 30 mins.

#### 4. After Pumping

- 1. After your pumping session, turn off the breast pump.
- 2. Carefully remove the tubing connector from the cup while it is still in the bra.
- Slide a finger between your breast and the breast shield to separate them. Remove the collection cup from your bra, keeping the collection cup upright to avoid spilling breast milk.
- 4. With the breast shield facing up, gently pour the milk into a bottle or collection container through the pour spout at the top of the cup. Do not store milk in the collection cup.

After each pumping session, be sure to take apart the assembly. Never attempt to clean or sterilize pump parts when still assembled to ensure you are cleaning and sterilizing each part individually.

## 5. Warnings & Precautions



WARNING: Potentially dangerous situation that could result in serious injury.



CAUTION: A possibly dangerous situation that could result in slight bodily injury.



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